# Lifeguard LG55





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To avoid injury, always read this *Instructions for Use* and accompanied documents before using the product.

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Operating instructions - Consult Instructions for use.

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### **Warning and Cautions**

#### WARNING

Means: Safety warning. Failure to understand and obey this warning may result in injury to you or to others.

#### CAUTION

Means: Failure to follow these instructions may cause damage to all or parts of the system or equipment.

#### NOTE

Means: This is important information for the correct use of this system or equipment.

#### Serious incident

If a serious incident occurs in relation to this medical device, affecting the user, or the patient then the user or patient should report the serious incident to the medical device manufacturer or the distributor. In the European Union, the user should also report the serious incident to the Competent Authority in the member state where they are located

#### **General Warnings**

#### **WARNING**

The age, size and condition of the patient should be assessed by a competent clinically qualified person before using the *Lifeguard* trolley, giving particular consideration to appropriate use of the safety sides.

#### WARNING

If any part is missing or damaged - do NOT use the product.

#### WARNING

Do not use accessories that are not designed or approved for use with the *Lifeguard* trolley.

#### WARNING

Always apply the brakes when the *Lifeguard* trolley is stationary.

#### WARNING

Raise the safety sides before moving the *Lifeguard* trolley with a patient.

#### WARNING

Children and restless or disorientated patients should not be left unattended at any time.

#### **WARNING**

Before turning (rolling) a patient on the *Lifeguard* trolley or performing a lateral transfer, adjust the mattress platform to a comfortable working height; be aware that the *Lifeguard* trolley may overbalance if the patient's weight is not evenly distributed across the mattress platform.

### **Introduction**

Fig. 1



This manual gives instruction for the use and maintenance of the *Lifeguard*® patient trolleys, model number LG55. (See Fig. 1)

The *Lifeguard* trolley has X-ray translucent mattress platforms. The products also feature a sliding X-ray cassette tray facility.

#### **Intended Use**

The Lifeguard trolley range is intended for use in hospitals to provide a mattress support surface and to transport patients. The Lifeguard trolleys may be used for general and emergency admissions, examination, diagnostic X-ray and initial treatment. They are also appropriate for patient transfer between departments, wards and theatre.

Lifeguard trolleys must be used by appropriately trained caregivers with adequate knowledge of the care environment, its common practices and procedures, and in accordance with the guidelines in the Instruction for Use.

The trolleys should only be used for the purpose specified in this Instructions for Use. Any other use is prohibited.

#### Patient/Resident assessment

We recommend that facilities establish regular assessment routines. Caregivers should assess each resident/patient according to the following criteria prior to use:

- To ensure the patient can use the trolley safely, their age, size and condition should be assessed by a clinically qualified person.
- The maximum safe working load is: Lifeguard 55: 250 kg (550 lbs.) (See Fig. 2)

If the patient/resident does not meet these criteria an alternative equipment/system shall be used.

#### **Expected service life**

The lifetime of this product is typically ten (10) years. "Lifetime" is defined as the period during which the product will maintain the specified performance and safety, provided it has been maintained and operated in conditions of normal use in accordance with the requirements in the Instructions for Use.

Fig. 2

#### **Safety**

For the safety of operator, patient and equipment:

- Always use a mattress of the correct size and type for the *Lifeguard* trolley.
- Do not expose the equipment, especially the mattress, to naked flames, cigarettes etc.
- Before operating the *Lifeguard* trolley, make sure that the patient is positioned correctly to avoid entrapment and imbalance.
- When the *Lifeguard* trolley is operated, check that no obstacles are in its path.
- Keep these instructions handy for reference.

**Mattress** 

The mattress is secured to the platform by means of hook and loop tapes on the mattress underside and the laminate top.

Fig. 3

**Push Bar Handles** 

# Adjust the height of the handles (2 Steps) (See Fig. 3)

- 1. Press the spring-loaded release button (A) and raise or lower the handle as required (B).
- 2. Let go of the button to lock the handle in the high or low position.

Fig. 4

Free Brake Steer

#### **Brakes and Steering (See Fig. 4)**

There is a pair of linked brake pedals at each end of the *Lifeguard* trolley. Push the pedals down to apply brakes on all castors.

When the pedals are horizontal, the castors are free to rotate and swivel.

A steering castor is engaged when an optional 5th wheel is fitted and the pedals are fully raised. In this situation the *Lifeguard* trolley will keep on a straight course in any direction and can be steered by pivoting about the 5th wheel. When the 5th wheel is not fitted the steering castor is at the foot-end and the *Lifeguard* trolley should be pushed from the head-end.

Fig. 5

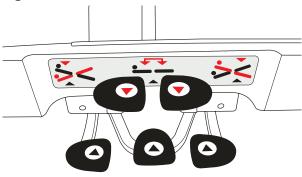


Fig. 6



## Height and Tilt Adjustment Model LG55

The height and the tilt angle of the mattress platform are adjusted using a group of five foot pedals on either side of the Lifeguard trolley. The three pedals marked with a black  $\triangle$  on the bottom row are used to raise the platform. The two pedals marked with a red  $\triangle$  on the top row are used to lower the platform. (See Fig. 5)

#### Title Adjustment (See Fig. 6)

#### Raise one end of the platform

• Operate the "raise" pedal (black ▲) nearest that end of the *Lifeguard* trolley with a pumping action.

#### Lower one end of the platform

• Press down on the "lower" pedal (red ▲) nearest that end of the *Lifeguard* trolley and keep it pressed.

#### NOTE

There is an additional "lower" pedal (red  $\triangle$ ) that enables head down tilt to be applied from the head end of the *Lifeguard* trolley.

#### **Height Variation**

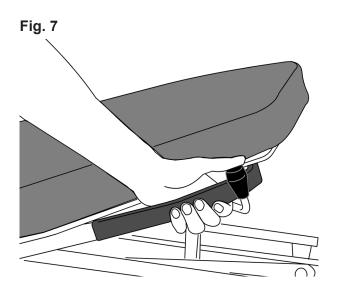
#### Raise the platform

• Operate the central "raise" pedal (black ▲) with a pumping action.

#### Lower the platform

• Press down both "lower" pedals (red ▲) and keep them pressed.

If the platform is raised or lowered when tilted, the tilt angle will be maintained until the leading end reaches the limit of travel, when the platform will return to the horizontal condition.



#### **Backrest**

#### NOTE

The amount of effort needed to raise or lower the backrest will vary depending on patient weight and mobility. With a very heavy patient, the backrest may fall quickly if it is not supported when released.

### Adjust the backrest (2 Steps) (See Fig. 7)

- 1. Grasp the handle firmly, press the release knob and lift the backrest assisted by the gas spring or push it down against the action of the gas spring.
- 2. Let go of the release knob to lock the backrest at any angle.

#### **Safety Sides**

(See Fig. 8)

#### Raise the safety side

• Hold the top rail and lift until it locks into position at maximum height.

#### Lower the safety side

 Hold the top rail with one hand, pull the release button at the foot end and lower the rail toward the head.

In order to accommodate Arm X-ray vision when taking side-shot X-ray pictures, each safety side can be lowered even further than its initial resting position. When the safety side is folded down it rests on two stops (A) that are located at each end of the mattress platform side-frame. (See Fig. 9)

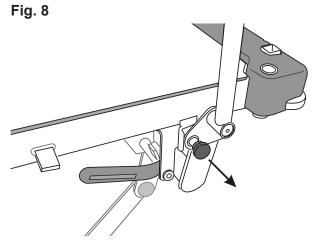
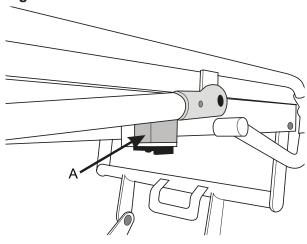


Fig. 9

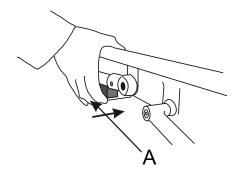


#### WARNING

When the safety side is in the folded position, the upright bars rest on the two stops.

Care should be taken to keep hands and fingers away from these areas.

Fig. 10



#### **Operation**

#### (4 Steps) (See Fig. 10)

- 1. Lower the safety side until the upright bars rest on two white plastic stops.
- 2. At the head-end of the *Lifeguard* trolley, position the thumb over the top rail of the safety side and use fingers to push the sliding catch (A), which is located beneath each side-rail white plastic stop, in towards the *Lifeguard* trolley frame as illustrated (avoid squeezing the rail and catch together).

#### **CAUTION**

Only use the sliding catch (A) to retract the safety side stop.

#### CAUTION

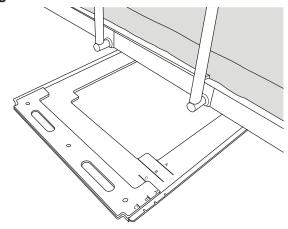
Do not use the safety sides to move the *Lifeguard* trolley. Only use the push bar handles to operate the *Lifeguard* trolley.

- 3. With the catch fully pushed in, ease the top rail down to the second position.
- 4. At the foot-end of the *Lifeguard* trolley use two hands, one to hold the top rail and the other to push the sliding catch (A). Again, once the catch is fully pushed in, ease the top of the rail down to its second position.

### Reinstate the safety side to normal position

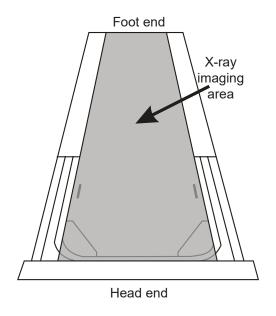
• Lift the top rail of the safety side at a point approximately halfway along the *Lifeguard* trolley. The stops will automatically spring back to their original position.

Fig. 11



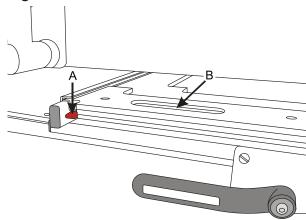
X-Ray Cassette Drawer Shown Accessed from Patient's Left-Hand Side

Fig. 12



Mattress Platform Showing Imaging Area

Fig. 13



Cassette Drawer Latch

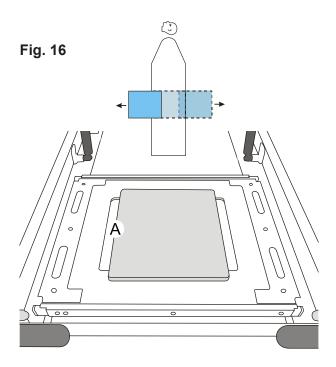
#### X-Ray Photography

The mattress platform is X-ray translucent. The X-ray cassette drawer below the mattress platform can be positioned anywhere along the length of the platform for full patient coverage. (See Fig. 11) (See Fig. 12)

#### Load or unload cassettes

• Press the red latch (A) down and use the slot (B) to pull the cassette drawer out until it reaches its stop position. (See Fig. 13)

Fig. 14 Fig. 15



The drawer has recesses to suit two sizes of X-ray cassette:

- A (390mm x 466mm) (See Fig. 14)
- B (273mm x 334mm) (See Fig. 15)

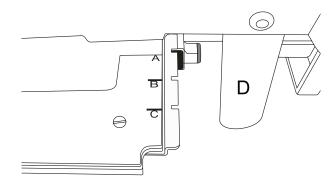
For each size of X-ray cassette there are two possible positions, at 90° to each other.

Place the X-ray cassette flat in the appropriate recess. Push the drawer back under the mattress platform until it latches into place.

The X-ray cassette drawer can be accessed from either side of the mattress platform. (See Fig. 16)

When the cassette drawer is pushed all the way in to its latched position, it is centrally located within the imaging area (A). (See Fig. 16)

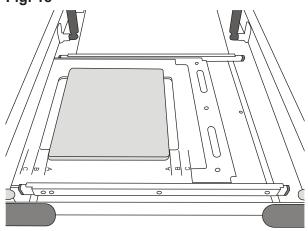
Fig. 17



Offset the cassette drawer from the central position (See Fig. 17)

• Pull out the drawer and line up one of the markers (A, B or C) with the black indicator bar (D).

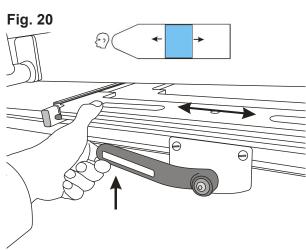
Fig. 18



The markers correspond with the letters next to the X-ray cassette; e.g. when marker (A) is lined up with the indicator bar (D), edge (A) of the X-ray cassette is on the boundary of the imaging area. (See Fig. 18)

Fig. 19





X-Ray Cassette Drawer Lever

# Adjust the position of the X-ray cassette drawer along the length of the mattress platform

(2 Steps) (See Fig. 20)

- 1. Lift the lever and slide the drawer to the desired position.
- 2. Release the lever to hold the drawer in place.

Fig. 21

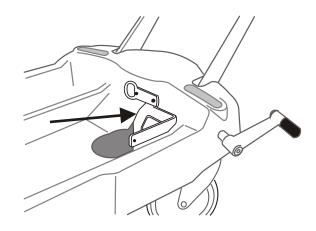
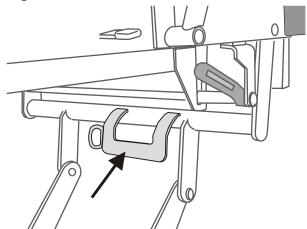


Fig. 22



#### **Oxygen Therapy Equipment**

#### **WARNING**

Ensure that the oxygen line does not become entangled or trapped which could cause damage to the line or loss of supply. Ensure that when the *Lifeguard* trolley is operated it does not collide with the installed equipment, especially at low height.

A recess in the base of the *Lifeguard* trolley will accommodate a size D, E or F oxygen cylinder. Rubber pads cushion the cylinder to prevent unwanted movement.

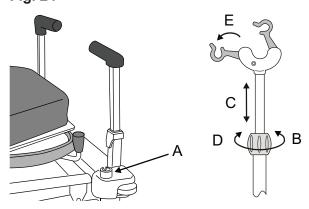
In addition, facilities are provided for the installation and use of oxygen therapy systems. A short rail (Medirail) is provided at the head-end of the *Lifeguard* trolley to accommodate the flowmeter and injection suction unit. (See Fig. 21)

A universal mounting bracket is installed in the base of the *Lifeguard* trolley to accept the suction receiver jar. (See Fig. 22) If the mounting bracket is not already fitted, remove the plastic cover from the hole in the base cover moulding and attach the bracket with two 6 mm Button Head screws and nuts using the pre-drilled holes in the base frame.

Fig. 23



Fig. 24



#### IV Drip Rod MB-ACC32

Install the IV pole in one of the four tubular sockets at the corners of the platform (A). (See Fig. 24)

#### WARNING

The maximum total load on the hooks must not exceed 5 kg.

The maximum load attached to the lower tube must not exceed 10 kg.

### Adjust the height (5 Steps) (See Fig. 24)

- 1. Hold the telescoping IV pole firmly.
- 2. Loosen the locking collar **(B)**.
- 3. Lift or lower the inner IV pole as required (C).
- 4. Re-tighten the locking collar firmly **(D)**.
- 5. Fold out the hooks **(E)**.

#### NOTE

Be careful not to lift the IV pole out of the socket when raising the hook.

#### **Storage**

Adjust the IV pole to minimum length and tighten the locking collar before storing it in the clips on the base of the *Lifeguard* trolley.

Fig. 25

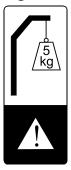
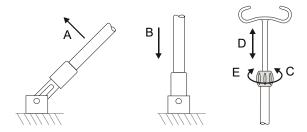


Fig. 26



#### Integral IV Drip Rod 799.501

The built-in IV pole is located at the head end of the *Lifeguard* trolley.

#### WARNING

Do not exceed the maximum safe load of 5 kg.

Lift the pole to the vertical position (A) and allow it to drop into the tubular socket on the platform (B). (See Fig. 26)

### Adjust the height (4 Steps) (See Fig. 26)

- 1. Hold the telescoping IV pole firmly.
- 2. Loosen the locking collar (C).
- 3. Lift or lower the hook as required **(D)**.
- 4. Re-tighten the locking collar firmly (E).

#### NOTE

Be careful not to lift the IV pole out of the socket when raising the hook.

#### Storage

Adjust the pole to minimum length and tighten the locking collar, then lift the pole out of the socket and fold it down.

### **Accessories**

A range of accessories, including mattresses, is available from Arjo. Details are available on request.

Accessories currently available for *Lifeguard* LG55 are shown in the table below.

ACCESSORY NAME	PRODUCT CODE
Foot end panel & bow	157009
Foot panel with monitor table	157018
Clip-on table	157021
Arm rest	157006PE02
Safety side pads (grey)	99901PE16
DIN rail kit (head end)	LG/ACC03
Oxygen bottle holder (PD size)	LG/ACC04
DIN rail kit (foot end)	LG/ACC05
Mattress with two-way stretch cover - 65 mm thick	LGMAT/10
Mattress with two-way stretch cover - 80 mm thick	LGMAT/12
Two part transfer mattress	LGMAT/13
Two part transfer mattress "Pennyla"	LGMAT/13PN
Bi-Flex pressure reducing mattress	TRM2
Bi-Flex pressure redistribution mattress	TRM3

Some accessories may not be available in all markets. Arjo reserves the right to alter specifications and availability without notification.

The following information relates to accessories supplied with the *Lifeguard* trolley. Other accessories are supplied with instructions for use.

#### LGMAT/10

The LGMAT/10 is a one piece mattress with two-way stretch anti-static PU cover, used to provide the patient with adequate comfort during transport and to facilitate cleaning and disinfection.

#### LGMAT/12

The LGMAT/12 is a one piece, twin-foam mattress with two-way stretch antistatic PU cover, used to provide the patient with increased comfort during transport and to facilitate cleaning and disinfection.

#### LGMAT/13

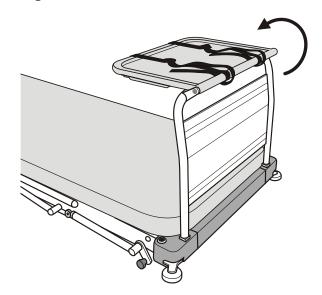
The LGMAT/13 transfer mattress is designed to allow patients to be moved easily and with minimal discomfort from a *Lifeguard* trolley to an adjacent surface.

Fig. 27





Fig. 28



## **Foot Panel with Monitor Table** 157018

Install the foot panel in the square sockets at the end of the mattress platform, with the clipboard on the outside.

#### **WARNING**

Maximum safe working load 12 kg evenly distributed.

### Use the monitor table (2 Steps) (See Fig. 28)

- 1. Place the clipboard in a horizontal position.
- 2. Use the straps to secure the monitor to the table.

#### Remove the foot panel

• Lift it out of the sockets.

### **Decontamination**

The following processes are recommended, but should be adapted to comply with the local or national guidelines (Decontamination of Medical Devices) which may apply within the Healthcare Facility or the country of use. If you are uncertain, you should seek advice from your local Infection Control Specialist.

The *Lifeguard* system should be routinely decontaminated between patients and at regular intervals while in use; as is good practice for all reusable medical devices.

#### WARNING

Protective clothing should always be worn when carrying out decontamination procedures.

#### **CAUTION**

Do not use Phenol-based solutions or abrasive compounds or pads during the decontamination process as these will damage the surface coating. Do not boil or autoclave the cover.

#### Clean

#### (2 Steps)

- 1. Clean all exposed surfaces and remove any organic debris by wiping with a cloth moistened with a simple (neutral) detergent and water.
- 2. Dry thoroughly.

#### Chemical disinfection

#### (4 Steps)

To protect the integrity of the cover we recommend a chlorine-releasing agent, such as sodium hypochlorite, at a strength of 1,000ppm available chlorine (this may vary from 250ppm to 10,000ppm depending on local policy and contamination status).

- 1. Wipe all cleaned surfaces with the solution, rinse and dry thoroughly.
- 2. Alcohol based disinfectants (maximum strength 70%) may be used as an alternative.
- 3. Ensure the product is dry before storage.
- 4. If an alternative disinfectant is available and selected from the wide variety, we recommend that suitability for use is confirmed with the chemical supplier prior to use.

#### Clean the mattress

#### (2 Steps)

- 1. Wipe all surfaces with a disposable cloth soaked in a neutral detergent and hand hot water.
- 2. Rinse with clean water and dry with disposable paper towels.

#### Disinfect the mattress

• Wipe all surfaces with a solution of sodium dichloroisocyanurate (NaDCC) at a concentration of 1,000ppm (0.1%) available chlorine.

### **Care and Preventive Maintenance**

This product is subject to wear and tear during use. To ensure that it continues to perform within its original specification, preventive maintenance procedures should be carried out at the intervals shown.

#### WARNING

This list indicates the minimum level of preventive maintenance recommended by the manufacturer. More frequent inspections should be carried out when the product is subjected to heavy use or aggressive environments, or where required by local regulations. Failure to carry out these checks, or continuing to use the product if a fault is found, may compromise the safety of both the patient and carer/user. Preventive maintenance can help to prevent accidents.

Actions to be done by carer/user	Daily	Weekly	Yearly
Clean and disinfect as shown in	X		
"Decontamination" on page 19.	^		
Check operation of safety sides		Х	
Visually check castors		Χ	
Inspect the mattress as described on the	Х		
next page	^		
Check safety side pads (if fitted)		X	

If the result of any of these tests is unsatisfactory, contact Arjo or an approved service agent.

#### WARNING

The procedures below must be carried out by suitably trained and qualified personnel. Failure to do so may result in injury or an unsafe product.

Actions to be done by carer/user	Daily	Weekly	Yearly
Check the operation of the lifting			V
mechanism as described below			^
Check the operation of the backrest raise			X
and lower			^
Check operation of castors, paying special			X
attention to braking and steering functions			^
Check the hydraulic pump for leaks			Х
Check all nuts, bolts and other fasteners			X
are present and correctly tightened			^
Check all accessories, paying particular			
attention to fasteners and moving parts			_ ^

#### **Mattress**

Check the cover, especially around the seams, for cuts or splits that may allow fluid ingress. Replace the cover if necessary.

Unzip the cover and inspect the mattress core for signs of fluid ingress, e.g. staining or dampness. Replace the complete mattress if necessary.

#### **Lifting Mechanism**

Check the operation. A steady firm resistance should be felt over the full stroke of the "raise" pedals. If the pedal pressure is variable or yielding, this may indicate the presence of air in the system and can be remedied as follows:

#### (3 Steps)

- 1. Raise the platform to full height. Continue pumping for four or five pedal strokes then lower the platform fully.
- 2. Repeat this action two or three times.
- 3. If firm and steady pedal operation is not restored, contact Arjo or an approved service agent.

#### X-ray Cassette Holder

Check the cassette holder operation. It should slide easily up and down the length of the *Lifeguard* trolley. It should also move freely in and out on both sides of the deck. If not, contact Arjo or an approved service agent.

### **Warranty and Service**

Arjo standard terms and conditions apply to all sales. A copy is available on request. These contain full details of warranty terms and do not limit the statutory rights of the consumer.

For service, maintenance and any questions regarding this product, please contact your local Arjo office or authorised distributor. A list of Arjo offices can be found at the back of this manual.

### **Dimensions and Data**

	Model LG55
Overall length	211 cm
Overall width	77 cm
Height of mattress platform (max.)	93 cm
Height of mattress platform (min.)	56 cm
Tilt (max.) head down	12°
Tilt (max.) foot down	12°
Backrest adjustment	0 to 87°
Castors (diameter)	20 cm
Product weight (approximate)	177 kg
Product weight with X-ray cassette tray	185 kg
Safe working load	250 kg
Mattress size	195 x 67 x 6.5 cm 195 x 67 x 7.5 cm 195 x 67 x 8 cm 195 x 67 x 13 cm

MD	Indicates the product is a Medical Device according to EU Medical Device Regulation 2017/745
	CE marking indicating conformity with European Community harmonised legislation
UDI	Unique device identifier

#### **Transport and Storage**

Handle with care. Do not drop. Avoid shock or violent impact.

Operating conditions:

• Temperature: -10°C to +40°C

• Relative humidity: 20% to 90% at 30°C, non-condensing

• Atmospheric pressure: 700hPa to 1060hPa

This equipment should be stored in a clean, dry and well-ventilated area which meets the following conditions:

• Temperature: -10°C to +50°C

• Relative humidity: 20% to 90% at 30°C, non-condensing

• Atmospheric pressure: 700hPa to 1060hPa

#### **End of Life Disposal**

Equipment should be disassembled and recycled in accordance with local or national regulation.

Components that are primarily made up of different kinds of metal (containing more than 90% metal by weight) for example bed frame, should be recycled as metals.

#### **UK Symbol explanation**

This section is only applicable to United Kingdom (UK) market when UK marking is applied to the Arjo medical device labelling.



UK marking indicating conformity with UK Medical Devices Regulations 2002 (SI 2002 No 618, as amended)

#### **UK Responsible Person & UK Importer:**

#### Arjo (UK) Ltd, ArjoHuntleigh House, Houghton Regis. LU5 5XF

Is the appointed UK Responsible Person as defined in UK Medical Devices Regulations 2002 (SI 2002 No 618, as amended).

For Northern Ireland (NI) CE marking will still apply until further amendment to applicable regulations.





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