



TOTAL LIFT BED

# Advanced upright positioning bed for highly-dependent patients



**PROGRESS TO OUT OF BED, SITTING, AND STANDING**  
Arjo Sara® Combilizer

When healthy, we rely on regular movement to promote blood flow, muscle growth, and a myriad of other physical benefits. Unfortunately, not everyone is able to move freely on their own. In critically ill patients, prolonged bed rest and immobility can lead to severe physical deconditioning, significant loss of muscle mass, and increased muscle weakness that can result in extended time spent in both the ICU and the hospital.<sup>1</sup> Early mobilization can help alleviate the adverse, long-term physical and psychological consequences of prolonged immobility—and automated mobilization solutions can reduce risks associated with manual lifting to improve outcomes for patients and caregivers alike.<sup>2</sup>

**Progressive upright positioning at the touch of a button**

Using only one or two caregivers, the Total Lift Bed®\* can progressively move patients to a full standing and weight bearing position in order to aid rehabilitation early in the acute phase of critical illness.

**Compliant with early mobility protocols**

Without leaving the bed, patients who need a graded transition from bed rest to supporting their full body weight can be progressively moved to the standing position as early and frequently as tolerated.

**Patented Foot Lifter footboard**

When the tilt function is activated, the patented Foot Lifter™ moves towards the patient's feet. When contact is made, the bed begins gently tilting to the desired angle or weight bearing ratio, while maintaining the patient's position to help avoid the need for repositioning. The *Foot Lifter* will automatically adjust to become even with the floor for patient egress from the bed if appropriate.

**Safety during movement and while standing**

A flexible strap system helps secure the patient during movement to the upright position.



1. Mattress CPR release
2. Dual-sided frame controls
3. Hand pendant controls
4. Inclinator
5. Integrated weigh scale
6. Mattress controls
7. Weight bearing digital display



#### FLEXIBLE POSITIONING

In addition to progressive standing and weight bearing, the *Total Lift Bed* offers flexible patient positioning to help with care procedures and patient mobilization.

#### PATENTED WEIGHT-BEARING CONTROL SYSTEM

As the bed tilts, the change in weight bearing achieved by the patient is displayed on the *Foot Lifter* footboard. This visual feedback helps caregivers monitor progress and set milestones against rehabilitation and mobility objectives.

#### SKIN PROTECTION

The integrated five-zone pressure redistribution surface provides caregivers with a choice of low air loss or alternating pressure options—to help in the prevention and management of pressure injuries. Mattress firmness can be altered using the comfort controls.



#### IN-BED CHAIR POSITION

The in-bed chair position helps orient the patient to a more upright position, with legs down, between standing episodes.



#### TRENDELENBURG POSITION

Trendelenburg provides head-down positioning for selected care procedures.

## REFERENCES

1. Truong AD, Fan E, Brower RG, Needham DM. Mobilizing patients in the intensive care unit from pathophysiology to clinical trials. *Crit Care*. 2009;13:216. 2. Morris PE, Goad A, Thompson C, et al: Early intensive care unit mobility therapy in the treatment of acute respiratory failure. *Crit Care Med*. 2008;36(8):2238-2243.

At Arjo, we are committed to improving the everyday lives of people affected by reduced mobility and age-related health challenges. With products and solutions that ensure ergonomic patient handling, personal hygiene, disinfection, diagnostics, and the effective prevention of pressure injuries and venous thromboembolism, we help professionals across care environments to continually raise the standard of safe and dignified care. Everything we do, we do with people in mind. [www.arjo.com](http://www.arjo.com)

Only Arjo designed parts, which are designed specifically for the purpose, should be used on the equipment and products supplied by Arjo. As our policy is one of continuous development, we reserve the right to modify designs and specifications without prior notice.

**Arjo Inc.** · 2349 W. Lake Street · Addison, Illinois 60101 · USA · 800 323 1245 · [usaddus.cc@arjo.us](mailto:usaddus.cc@arjo.us) · [www.arjo.us](http://www.arjo.us)

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